## **EX-POLICE CHIEF** STRANGELY SHOT: WIFE IS ARRESTED

Police Say Mrs. L. H. Foster Admits Wounding Husband During Row.

GUARDED IN HER HOME

Health of Accused Such That Authorities Decline to Take Her to Jail.

Former Chief of Police Lewis H. Poster of Atlantic Highlands, N. 3. this morning at their home, Hay View and Central Avenues, Atlantic Highlands. He is in the general hospital at Long Branch, with every chance of recovery in his favor, barring blood potsoning. He is cheerful, but will eny nothing of the smooting.

Foster has been night watchman at Bay View Park since he left the office of Police Chief several years ago.

## DRINK WATER TO AVOID SICKNESS SAYS AUTHORITY

Glass of hot water before breakfast daily keeps the doctor away.

rapid strides with results that are of of her gold watch and other trinkets untold blessing to humanity. The from her apartment on the opposite latest application of its untiring research is the recommendation that

the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus bile and poisonous toxins; thus charge, seeleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

The action of hot water and limestone phosphate on an empty stom-ach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a spleudid appetite for breakfast. While you are enjoying your break-

the inside organs.

May 17 and June 28 last.

The millions of people who are Dr. Philip Brennan, attorney for The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatic stiffness; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.—Advt.

Dr. Phillip Brennan, attorney for Dr. Phillip Brennan, attorney one a pronounced crank on the subject of internal sanitation.—Advt.



neighbors say Mrs. Fister has acted

Foster reached home from the part shortly hefore estantight, according the statement of Call, who was adjutating room from that of parents. The boy heard a quar and was frightened. Then there were firm shorts. The key acreamed and a few minutes later Policeman Minor Poster, who keard the shots and the yells of the key, huryled to the house and was admitted by Mrs. Freter. "I shat Lew," was the greating Mrs. Foster gave him, he says. The police

quote Mrs. Foster as saying: "We quarrelled and he picked up a heavy glass. I thought he was going to kill me and ran to a dresser, where there were two revolvers. I picked up the smaller weapon and fired five shots at

Mrs. Fuster was hysterical and the ductor advised that she be put to bed and administered for her nerves. Four of the shots from a 22-callbre revolver found marks in Fos-ter's body, three on his right side and one in the abdomen.

Mrs Foster was not removed to the jail on account of her condition, County Prosecutor Geran of Monmouth County, telling the chief of police he was satisfied with a guard over her at the house

Later, she was formally charged with atrocious assault, with intent to kill, with ball fixed at \$2,500. Magistrate Williams accepted Ed-

ward Cakes as the woman's surety. He is forty-two years old and his The arraignment of Mrs. Foster wife forty-seven. They have three took place at her bedside. No examchildren-Jack, twenty-three years matten was held. The bullet which old; Lewis H., twenty-one, and Carl, it was thought penetrated the abdoseven. Since the birth of the latter, men of the ex-chief was found in his right hip. He is thought to be in no danger. All he has sad thus far is: "I hope that nothing happens to Ida is his wife.

## **BULLDOG USED TO FORCE** SILENCE, SAYS WOMAN

Tells Police Man Locked Her in Room with Brute, Then Warned Her Not to Tell of Robbery.

A bulldog was brought into play to force the silence of Mrs. Cecelia Levondowski, according to the story of the woman to the Bayonne police, when she went to complain to the father of George Banish, of No. 11 Sanitary science has of late made East Twenty-fifth Street, of the theft

search is the recommendation that it is as necessary to attend to internal sanitation of the drainage system of the human body as it is to the drains of the house.

Those of us who are accustomed to feel dull and heavy when we arise, splitting headache, stuffy from a cold, foul tongue, masty breath, acid stomach, can instead feel as fresh as a daisy by opening the sluices of the aystem each morning and flushing out the whole of the internal poisonous stagnant matter.

The larceny occurred three days ago, and she was led to suspect the Banish boy, who is twelve, and Joseph Kolmons, living in the same house with her. Yesterday, she says, she called on the father of Banish, who opened the door for her and conducted her to a room, the door of which he locked after her entrance. Then, she says, Banish sr. got a viclous bulldog from his yard and tied it to the knob of the door and held her prisoner in The larceny occurred three days

#### CAPT. HUGHES ON TRIAL.

House Was in His Precinct. Police Capt. Edward P. Hughes,

While you are enjoying your break.

Station, Brooklyn, formerly inspector fast the phosphated hot water is quietly extracting a large volume of water from the blood and getting with failure to report gambling at No. ready for a thorough flushing of all \$49 Fulton Street, Brooklyn, between May 17 and June 28 last.

Bark Star of Chile Not Aground. SAN FRANCISCO, Sept. 15.-Re-



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## Open Schools With No Sense of Fear; Nothing to Worry About, Says Dr. Wile, NEW BARRIER TO For There Is No Disease Epidemic Now



Children Through Their

Public Schools Amply Pre-

pared to Protect the

Own Hygienic Training -Gives Valuable Hints on the Proper Care of the Body to Ward Off Disease.

By Marguerite Mooers Marshall.

"The epidemic is over. Forget it. Remember only that the health of your children is in your hands to-day as it was a year ago. Remember to give your boys and girls plenty of sleep, plenty of fresh air, simple recrea tion, digestible food and as much of it as your purse

Education who recently interposed a vigorous veto against the further extension of what a clever man has called "the open, or quarantine, season for children."

"We should not start the schools with a sense of fear," he told the board. "The opening of the schools that children and men and women may keep themselves well."

"But isn't a child allowed to graduate even if he doesn't 'pass' physically?" I asked.

"Oh, yes," said Dr. Wile. "How can the schools adopt a standard of physical perfection when no way exists of

M.M.MARSHALL will not affect the epidemic. We have epidemics of compelling or helping parents to feed one disease or another every year, and they are in progress oftentimes and care for their children as they should?"

"We want every school child examined by a competent physi-cian annually. We want chli-dren so to learn the fundamental

dren so to learn the fundamental laws of personal hygiene that they can protect themselves against industrial hazards after leaving school. We want children to have so thorough an understanding of the physical damage from alcohol and narcotic drugs I mean beer, tea, coffee and to-bacco) that even the inertia of their home and the civic environment will not distract their habit. "We want to have it as much a matter of course for a child to

"We want to have it as much a matter of course for a child to stand straight as to spell correctiv; we want him to be as well informed as to the elements of a balanced general diet as in regard to the dates of the Presidents or the capitals of States.

"The graduating diploma should be a certificate of physical as well as mental preparedness to continue to learn and to serve. We look forward to the time when graduation will be a privilege withheld until the pupil can present a clean record as to physical fitness and an understanding of the rudiments of personal hygiene sufficient to protect him against the strains, trials and exposures of self-support and the

posures of self-support and the burdens of establishing a family and household."

FOR THEIR BODIES NOW.

"Of course, mental fitness and physical fitness go together. You rarely have a high degree of one without the other. Fifteen years ago the schools had not learned this lesson, but they understand to-day. It is immensely more important that children should learn how to take care of their bodies than that they should accumulate an undigested mass of cyclopedic information. We lost Robert Louis Stevenson, and we are losing other geniuses, because they were not taught as children to protect themselves against preventable disease.

when the schools reopen in September. a quarantine on those children who have been out of the city without taking the same action against the children who may have come from affected districts in the city. Such an action would tend to revive pan-

icky conditions." And, as a consequence, somebody's scheme to require a fresh set of certificates from children who have been vacationing outside New York is at least temporarily shelved.

"We have an epidemie of policmyelitie and have been scared seventy-seven different ways and back again," Dr. Wile remarked dryly, when I talked with him in his office at No. 230 West Ninetyseventh Street. "At present there are about thirty cases a day out of a population of five and a half million. lan't it about time for us to get back our nerve?

LITTLE PROOF THAT DISEASE IS

ports that the bark Star of Chile was aground and in danger off Point Pedro south of the Golden Gate, were denied to-day by officials of the Alaska Packers' Association, owners of the ship. They said that, losing her way in the fog off the Heads, the bark came in close to Point Pedro to get her bearings, but she did not go aground. tricts affected by the plague is inconsistent, in view of the fact that children from infected districts in New York City will be admitted to school without question. To tell the truth, we have very little proof of there

we have very little proof of there being any great degree of contagion in pallomyelitis.

"The first 7,000 cases reported by the city Board of Health occurred in 8,700 odd families. Statistics from the report of the New York State Board of Health show that out of 227 cases of infantile paralysis occurring all over the State during 1910, thirty-nine were at school. There was one case in each of twenty-six thirty-nine were at school. There was one case in each of twenty-six schools, two cases in five schools and three cases in one school. That doesn't look as if the schools did much to spread contagion."

"Can you suggest any simple precautions to parents of New York school children": I asked Dr. Wile. achool children?" I asked Dr. Wile. And it was then that he so earnestly advised that we "forget" the epi-

advised that we "forget" the epidemic.

"Don't even use the word 'precaution," he urged. "Should parents spray their children's noses and throats? I know that has been advised in many quarters. But I believe it is on record that monkeys whose throats had been aprayed proved themselves more susceptible to poliomyelitis than did those whose throats were left untouched. Spraying a healthy nose is sure to remove some of the protective muous. And continual fuseing, continual dosing, is enough to make a healthy person ""." "What do you think of Commisin good health that New York school children are learning?" I asked.

"They are taught the use of the individual tooth brush," he detailed. "They have a tooth brush drill. They are taught the best methods of keeping clean the hands, face, neck, ears, finger nails and head. They are warned against biting the nails. They are told of the danger of exchanging pens, pencils, chewing gum, food and candy. They are instructed in the proper use of the handkerchief. They learn how essential it is that the hands should be washed before every meal.

"They learn how to sit and stand correctly, what sort of food is most nourishing and digestible, the value of fresh air during their periods of play and at night in their sleeping rooms. They are given 'safety first' instruction; are taught the rulds for crossing the street, the dangers of hitching and of putting the hand or the arm out of an open car window.

"All these topics are iterated and can afford; suitable clothing, plenty of baths. And stop worrying."

That is Dr. Ira S. Wile's advice to New York parents. Dr. Wile is the member of the Board of Edward of School and the member of the Board of Edward of School and the member of the Board of School and the school and the school and the school and even after text books are used a point is made of applying the instruction to daily practice. It is by the observance of such simple hygienic precautions that children and men and school and the school and even after text books are used a point is made of applying the instruction to daily practice. It is by the observance will an account to the school and even after text books are used a point is made of applying the instruction to daily practice. It is by the observance will be school and the sch

# OF TROLLEY IN SMASHUP

Accident Reveals Fred M. Hull in Worker's Role to Regain His Health

A collision at Nostrand Avenue and Hawthorne Street, Brooklyn, to-day between a Nostrand Avenue trolley car and a car carrying sand for subway work, in which the motorman of the trolley received a bad scalp wound, dsclosed that the motorman of the sand car was Fred M. Hull, a young man of wealth and a member of one of Brooklyn's best known fam-

He is a son of Mrs. Irving T. Hynds, President of the Brooklyn Society of Patriotic Women and active in the borough's social and civic life.

Hull, who is twenty-four years old, caused considerable mystery in June, 1915, by disappearing from his home, No. 665 Delamere Place, and remaining away for six days, while family and friends hunted high and low for him. On his return he dropped unconscious at the door of his home.

The young man was ill for some time, and when his physician told CHILDREN TAUGHT TO CARE him a job in the open was necessary to his health he announced his inten-"That's good stuff," approved Dr. Wile, "but the schools already have taken up such a programme, tion of becoming a motorman. His family objected, but he finally won their consent. He has been driving the sand car five months. The injured motorman is John

Doberty of No. 1960 Flatbush Avenue.

#### COUNSELLOR TORPEDOED. Philadelphia Fireman on Ship Re-

ports to American Consul. LONDON, Sept. 15 .- Frank Callingham of Philadelphia, a fireman aboard the Harrison liner Counsellor, made an

ventable disease.
"In the New York elementary sul at Queenstown that the Counsellor affidavit before the United States Con-

"In the New York elementary schools there is instruction in hygiene beginning with Grade 1A and continuing through Grade 3B. The object of this instruction is to inculcate habits of cleanliness and care of the body in order to maintain and promote good health and vigor. The emphasis is placed upon the practical affairs of daily life, such as keeping the scalp and hair clean, brushing the teeth, giving proper attention to clothing, study, play and rest. This treatment of the work has been adopted in preference to theoretical instruction in anatomy and physical struction in the structure of the structure of the structure of the scale of the counsellor was saved, but nothing was reported about the circumstances of the sinking.

The Counsellor was "sunk" and that her crew was saved, but nothing was reported about the circumstances of the sinking.

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The Counsellor was last reported as having salled from Coion, Panama, Aug. 27, en route from Vancouver for Liverpool. She probably was sunk neargible structure. "And what are some of the lessons Company and registered at Liverpool

# BRITISH RAISE A

Latest Order Likely to Stop All Shipments From United States to Holland

Norway, Sweden, Denmark and Hoiland, under which no further licenses will be granted for the present to British exporters, has been extended to apply to the United States by the expedients of refusing to allow the Netherlands Oversea Trust to accept further American consignments and ance for American shipments destined for these countries.

In consequence American shipments for Holland will be stopped absolutely, while the regular transportation companies trading between the United States and Seandinavia will not take cargues without assurances of their innocent destination by the British authorities. Tramp steamers are hardly likely to risk the inevitable landing in the prize court of any cargo they might accept.

### WARBURG ORDERED AUTO SPED ON MERCY MISSION

Banker Telis Court He Had Heard Companion's Son Had Been Shot.

Felix M. Warburg, the banker, appeared in the Court of Special Sesstons at Yonkers to-day in answer to a summons issued by Judge Beal.
Yesterday Edward Mehl, chauffeur
for Warburg, was fined \$25 for speeding and when paying the fine said:
"It's tough to pay \$25 for doing
what your boss tell you to do." Judge Beall heard this and Issued

the summons. Mr. Warburg explained that he had with him libert Stern of Dobbs Ferry and that he had heard the latter's son, Albert Stearn jr., had been shot and was dying and they were rushing home. It later developed that the boy was shot in the abdomen, but was not seriously injured. The Judge eccepted the explanation.

COLUMBUS, O., Sept. 15.—Jacob S. Coxey of Massillon, O., who more than wenty years ago led "Coxey's Army of unemployed on a long march to Washington, to-day filed papers with the Secretary of State as an indepen-dent candidate for United States Sen-ator. Coxey is the only independent candidate for the office on the Ohlo ticket.

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and fashionable touches of fur. No Charge for Alterations

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